

**KETTERING TOWN HARRIERS**

(Affiliated to the M.C.A.A. & N.A.A. Races under U.K.A. rules)

CHARITY CUP OPEN CROSS-COUNTRY RACES

One of the oldest Open Races in the country
Incorporating Northants AA County Masters (over 35) Championships
At WICKSTEED PARK, Kettering, NN15 6NJ on Saturday 17th December 2022

Races

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| (1) Under 11 Girls & Boys (aged 9 or 10 on the day & 10 on 31.08.22) | 11.00 a.m. | 2000 m |
| (2) Under 13 Girls & Boys (11 or 12 on 31.8.22) | 11.20 a.m. | 3000 m |
| (3) Under 15 Girls & Boys (at least 13 but Under 15 on 31.8.22) | 11.45 a.m. | 4300 m |
| (4) Under 17 Ladies (at least 15 but Under 17 on 31.8.22), Senior & Veteran / Masters Ladies
(17 years or over on 31.8.22) | 12.15 p.m. | 6600 m |
| (5) Senior & Veteran / Masters Men (17 years or over on 31.8.22) | 1.00 p.m. | 10000 m |
| Under 17 Men (at least 15 but Under 17 on 31.8.22) | 1.00 p.m. | 6600 m* |
| *Under 17s finish after two laps of the three-lap course | | |

Charity Cup medals to 1st three male & female athletes (Senior / U17 / U15 / U13 / U11) and to members of 1st three teams (three to score EXCEPT for Senior Men where it's six to score for the Alexander Cup).

Please note that, in accordance with UKA Rules of Competition 3.2 and 3.4, the organisers hereby stipulate that bona fide Second Claim members may score in the team competition if they wish to represent their Second Claim club.

Entry Fees: £5.00 per individual Senior (over 17) Men & Ladies (there are no separate Masters or Junior categories in the Charity Cup)
£4.00 per individual of all other categories

All athletes under 17 years of age must represent either their school or an affiliated Club. Over 17 years who are not members of an affiliated club/school are deemed 'unattached' and must pay an extra £2.00.

The NAA County Masters Championships are held in conjunction with the senior races. An additional £3.00 entry fee is required if you are entering these championships (£8.00 in total).

Enter online at <https://uk.entry4sports.com>

Entries close 11.59pm on 14th December

Car parking information

Wicksteed car parking is managed by an external company and works using ANPR so there is no barrier in place. This system helps speed up entry and exit and is a much smoother process for all.

There are a number of ways to pay for your parking, so please read the notices around the park to ensure you have paid before you leave. Our fees can be seen below. A fine will be issued if a vehicle exits through the ANPR without having paid a fee.

Fees are as follows:

1-2 hours £3

2-3 hours £4

All Day £6

Donations are vital to provide free access to this beautiful parkland. Money they receive for parking your car at Wicksteed Park is a key contributor to this area. Thank you for your support.