**LEICESTERSHIRE & RUTLAND ATHLETICS ASSOCIATION IN CONJUNCTION WITH NORTHAMPTONSHIRE ATHLETICS ASSOCIATION**

Present

LRAA 10,000 Metres County & Open

Track Championship.

(Licence applied for)

Pingles Stadium, Nuneaton.

Wednesday 20th April.

Entry Fee: £10-00

Online entry: entry4sports

Closing date: Sunday 17th April

County medals for first 3 juniors and seniors

County medals for first 3 masters (Northants only)

Entrants must be 18 years old

Start: 7-30pm

(Registration opens at 7-00pm)

* Race at an Olympic distance.
* One of few 10K track events in the country.
* Part of the LRAA Endurance Challenge.
* Results on Power of Ten website.

If numbers allow we will run separate ladies’ and men’s races.