**TRACK EVENTS**

**6.30pm 75m U11 male and female**

**7.00pm 100m male and female**

**7.30pm 150m U11 male and female**

**7.45pm 800m male and female**

**8.15pm 200m male and female**

**8.35pm 1 mile\* male and female**

**\*** includes Northamptonshire Athletic Association County Mile

**FIELD EVENTS**

**6.30pm Shot male and female**

**7.00pm High Jump male and female**